

Materials List for:

Induction and Assessment of Exertional Skeletal Muscle Damage in Humans

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Materials

Name	Company	Catalog Number	Comments
Biodex Dynamometer	Biodex Medical Systems	850-000	Other models are available and should produce similar results
Creatine Kinase kit	Sigma-Aldrich	MAK116	
Serum Vacutainers	BD Bioscience	367812	
Winged safety push button blood collection set	BD Bioscience	367338	
Cryogenic vials	Sigma-Aldrich	V5007	We use the 2 ml vials to store serum aliquots