

Materials List for:

Determining the Contribution of the Energy Systems During Exercise

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Materials

Name	Company	Catalog Number	Comments
YSI 1500 Sport	Yellow Springs		This equipment allows a quick and easy plasma lactate determination
K4 b2	Cosmed		This equipment is essential for measuring oxygen consumption throughout the exercise
Software Microcal 6.0	OriginLab		This software (or any other with similar capabilities) will be useful for the calculations