Materials List for:
Detecting Glycogen in Peripheral Blood Mononuclear Cells with Periodic Acid Schiff Staining

Mahdieh Tabatabaei Shafiei¹, Catalina M. Carvajal Gonczi¹, Mohammed Samiur Rahman², Ashley East³, Jonathan François³, Peter J. Darlington¹,³

¹Department of Biology, Centre for Structural and Functional Genomics, PERFORM Centre, Concordia University
²Department of Chemistry and Biochemistry, Centre for Structural and Functional Genomics, PERFORM Centre, Concordia University
³Department of Exercise Science, Centre for Structural and Functional Genomics, PERFORM Centre, Concordia University

Correspondence to: Peter J. Darlington at peter.darlington@concordia.ca

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<table>
<thead>
<tr>
<th>Name</th>
<th>Company</th>
<th>Catalog Number</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Periodic Acid Schiff Kit</td>
<td>Sigma-Aldrich</td>
<td>395B</td>
<td>Bring to room temperature prior to use. Materials in this kit are toxic</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>and harmful. Use caution.</td>
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<tr>
<td>α-Amylase from porcine pancreas</td>
<td>Sigma-Aldrich</td>
<td>A3176</td>
<td></td>
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<tr>
<td>Binocular Microscope</td>
<td>Carl Zeiss Microscopy</td>
<td>Axio Lab A0</td>
<td></td>
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<tr>
<td>Glycogen Assay Kit</td>
<td>Sigma-Aldrich</td>
<td>MAK016</td>
<td></td>
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<tr>
<td>Ficoll-Paque PLUS</td>
<td>VWR, GE Healthcare</td>
<td>17-1440-02</td>
<td>Nonionic synthetic polymer of sucrose.</td>
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<tr>
<td>Centrifuge</td>
<td></td>
<td></td>
<td>For PBMC isolation, swing buckets were used.</td>
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