

Materials List for:

Effects of Home-Based Prescribed Pulmonary Exercise in Patients with Stable Chronic Obstructive Pulmonary Disease

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Materials

Name	Company	Catalog Number	Comments
4643a	Tanita		Used for the evaluation of height, weight, and body mass index
Borg CR10	None		Used for the evaluation of dyapnea
PASS 15.0	NCSS, LLC		Used for power calculation
Polar team 2	Polar		Used for supervising the heart rate of participants
SGRQ software	Developed by Peking Union Medical College		Used for calculating the score of quality of life
SPSS 24.0	IBM Corporation		Used for statistical analysis