

Materials List for:

Short Session High Intensity Interval Training and Treadmill Assessment in Aged Mice

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Materials

Name	Company	Catalog Number	Comments
Exer-3/6 Open Treadmill w/ Shock, Detection, auto-calibration and PC Interface/Software	Columbus Instruments	1055-SDRM	The Columbus Instruments 3/6 treadmill allow up to 6 mice or 3 rats simultaneously. The device comes with controllers to allow manual control of treadmill belt speed and shock intensity, or connections to a computer and software to run and control these elements.
Bleach	Varies	Varies	0.25-0.5% Bleach solution (V/V) is used to clean the treadmill belt between sessions
Ethanol	Varies	Varies	70% ethanol solution (V/V) can alternatively be used to clean treadmill belt between runs and sessions.
Make-up Brush (large)	Varies	Varies	A make-up brush provides a soft surface and ample length to motivate mice to continue exercise.