

Materials List for

Working Memory Training for Older Participants: A Control Group Training Regimen and Initial Intellectual Functioning Assessment

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Materials

Name	Company	Catalog Number	Comments
GEx	n/a	authorial online platform: used for N-back training, Quiz	
IBM SPSS Statistics 26.0	IBM Corporation	SPSS software was used to compute statistical analysis.	
Inquisit version 4.0.8.0	Millisecond Software	software: tool for designing and administering experiments used for: The Sternberg Task, The Linear Syllogism Task and presenting the instructions for baseline EEG recording	
MATLAB R2018b	The MathWorks, Inc	MATLAB software was used to compute statistics and to export databases and visualisation of the results	
PsychoPy version 2 v.1.83.04	Jonathan Peirce; supported by University of Nottingham	open-source software used for: Go/no Go Task, The Switching Task, Running Memory Span Taskckage based on Python	
Sublime Text (version 2.0.2)	n/a	open-source software: HTML editor used for: online OSPAN Task	